

May 4-May 7

	Monday	Tuesday	Wednesday	Thursday
Reading and Writing	The Very Hungry Caterpillar read aloud and questions posted on seesaw	Trace name or use name puzzle	Hungry caterpillar sequencing activity on Seesaw	See sensory activity. Help your child make letters of his/her name with a finger or a stick.
Communication	Have your child sort and label categories of items. Collect some articles of clothing and some food items. Have them put "things we wear" together and "things we eat" together.	Take two toys (dolls, cars, etc) and have a play conversation between the two of them. It can be anything- what they did that day, what they want to eat, etc. If your child wants to hold one of them and help, that's great!	Have your child practice answering questions about objects in the kitchen. Ex: What color is the banana? Where do we put the bread? What do we do if our dishes are dirty?	Have your child pat their lap or clap as you say the syllables of their name. You can practice saying names of family members and friends.
Math	Practice concept of 1, 2 and 3. Put a few pieces of cereal or other small objects and ask your child to hand you 1, 2 or 3. You also can model by handing your child one piece of cereal and saying, "Here is ONE cheerio." Also, see number tracing activity on seesaw	Matching/Sorting/categorizing activity Set of cards in packet dropped off at your home. Instructions and example on seesaw	Draw a simple pattern on paper (circle, star, circle, star) or make a pattern out of colors of blocks and ask your child what comes next. You can make harder patterns if your child is ready. Bug pattern activity on seesaw	Count how many steps are from your child's bedroom to the bathroom.
Sensory	Put beans or rice or small objects into a small Tupperware container, plastic jar with lid or paper bag so your child can shake it. Have them shake it while you sing a song.	Play with bowl of water beads or beads in water from yesterday's fine motor activity.	Practice Candle Breath/ blowing a scarf or kleenex, blowing out a "candle." Picture of Candle Breath in seesaw.	Play with flour/shaving cream/whipped cream. Make a handprint in it and help your child count the fingers. Help your child make shapes with fingers or a stick.
Fine Motor/Craft	Pick up water beads (or other beads) from a plate and put them into a cup or small bowl of water. Leave in a cup overnight to use as sensory activity tomorrow.	Cook noodles and have your child cut the noodles.	Play dough. Encourage your child to roll balls, make snakes/ropes, flatten the playdough. You can have your child cut the playdough with a butter/plastic knife. Recipe on website	Ripped paper Owl Project from paper packet, Directions on seesaw.
Gross Motor	Help your child practice kicking their leg in the air. If they can do that easily, have them try to clap underneath their leg. Practice jumping forward. Put an object on the floor and have your child jump toward the object.	Dance to your favorite song. Dance low to the ground and then reach up high. Spin around.	Have your child practice balancing on one foot. They can be watching their favorite show or doing a favorite activity and you can lift one foot for them off the floor.	Gross Motor Obstacle course- Video on Seesaw
Social Skills/ Behavior	Practice greetings. Practice saying "Hi my name is..."	Play hide and seek in the house. If you don't have someone to help your child hide, then you can hide a toy and the two of you can search together.	Practice squeezing a pillow, stuffed animal or a small squishy object. If your child gets upset, see if you can have them try this as a cool down strategy.	Play red light/green light. Hold up a green piece of paper, say GO and dance or run. Then, hold up a red piece of paper and say STOP and help your child freeze. Example on Seesaw
Self Help Skills	Practice opening and shutting doors in the house. Label "open" and "shut" verbally as you practice.	Practice opening Ziploc bags.	Label each step as you are helping your child wash their hands or brush their teeth. Work toward having them independently do even the smallest of	Have your child help with a simple snack by helping you put crackers in a bowl or on a plate or cutting up a banana with a plastic/butter knife.

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